

ABSTRACT OF THE DISCLOSURE

The joint comprises two spiders 18 and a central core 16 forming a housing 24 for the sliding movement - in a transverse plane - of a basically discoidal constraint member 20 forming the seats 20A for the spherical end heads 1 OC, 14C of the two forks. The constraint member 20 moves about inside the housing 24. Between each of the two surfaces 24A, 24B and the opposing
5 face of the constraint member 20, an elastic laminar ring 40 shaped like a Belleville washer is interposed, its annular edges being in continuous annular contact with the surface 24A or 24B and with the opposing face of the constraint member 20.